



Department of Social Welfare and Psychology

Understanding of humans and substantial expertise are required for human care specialists

Social work
The department offers various classes on social welfare and practical on-site training classes, including: personal welfare support for children, handicapped persons (children), and elderly people, medical welfare for mentally challenged people, hospital patients and their families, and methodological theories for leading community welfare such as volunteer activities and education on welfare. Students can acquire substantial expertise and skills through these classes.

Psychology
The department offers a number of classes that allow students to learn a psychological approach to human behavior on a systematic basis, beginning from basics. Various practical training classes such as counseling training and psychological experiments are also available. You can thus nurture capabilities to cope with various mental problems with a counselor's perspective to become a clinical psychotherapist which is one of the challenging qualifications.

Adolescent psychology

Noriko Odagiri, Professor

The students in this class study "adolescence" from the viewpoint of life-span development psychology. Mental problems that are likely to occur in adolescence, such as eating disorders, social phobia, bullying, and delinquent behavior are taken up and countermeasures are discussed. Love and marriage as well as the problems of job-hopping part-timers and NEET are also discussed.

Purposes of Study

To pursue people's well-being, both from the viewpoints of welfare and psychology and nurturing expertise and comprehensive techniques as professionals.

We currently face various problems, such as an aging society, bullying issues, and discrimination. To find ways to solve these, we must study the relationship between humans and society from the viewpoint of welfare (what it means to live with other people) and psychology (the nature of the mechanism of our mind). In the Department of Social Welfare and Psychology, the curriculum is based on the concept that these two viewpoints are essentials. Furthermore, they can explore a new field of study in conjunction with the Department of Sociology and Comparative Culture and base their research on broader frames such as society and cultures. If you wish to pursue the path of social welfare by studying psychology or study psychology from a practical perspective, this department will fulfill your wish.

Points of Study

- 1 | Social work and psychology are the backbone of learning**
With specialized subjects on social work consisting of theories, practical training, and qualification, as well as subjects on clinical psychology covering the basics, applications, experiments, and practical training, the department fosters personnel with flexible mindsets and the ability to act with understanding of both welfare and psychology.
- 2 | Acquiring an executive ability with various experiments and training**
By combining lectures, seminars, experiments and training effectively, the students can acquire practical expertise and techniques, as well as learn the latest theories. They will also develop the ability to act promptly and solve problems, coping properly with various issues that present a multitude of complicated themes.
- 3 | Substantial curriculum for obtaining qualifications**
By obtaining credits in specified social welfare-related subjects, the students can qualify for examinations to become a social welfare counselor, psychiatric social worker, and others. You can also obtain qualifications as a certified clinical psychologist by studying psychology-related subjects, or choose to proceed to the graduate school to become a clinical psychotherapist.

Steps in Four years

in the Department of Social Welfare and Psychology

- Step 1**
Freshman year: Study in various fields, thus acquiring a culture that cultivates your future
- Step 2**
Sophomore year: Narrow down career options while studying specialized fields, and accumulating basic knowledge
- Step 3**
Junior year: Foster substantial mindsets and capabilities to act through the latest theories and on-site training classes
- Step 4**
Senior year: Enhance technical and theoretical capabilities to obtain challenging qualifications



A fully accommodated social welfare training building has been completed

The welfare training building, which was completed last April, is equipped with a training center for students who wish to become social welfare counselors or psychiatric social workers, a training room, where nursing care training is given to students targeting the teaching profession, and seminar and lecture rooms, which can be used for other general teaching purposes.



A recommendation system supporting access to two graduate schools

We have two graduate schools related to this department. Students who wish to continue learning in the field of social psychology or social welfare can capitalize on the recommendation entrance examination system within the department. For those who wish to become clinical psychotherapists meanwhile, an in-department screening entrance exam system is available. Of the students who learned in our graduate schools, over 180 students have since qualified as clinical psychotherapists.